



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Zipper, Sigrid

Club: Berlin
Number: 664

Course: 42.19 km
Marathon Lauf

Category:
Frauen W45

Total time: 5:03:25

Speed: 8.31 km/h
Running performance: 7:11 min/km

Rank in course/Total: 90 (of 96)
Rank in course/Women: 18 (of 19)
Best time in course: 3:27:34

Rank in category: 3(of 3)
Best time in the category: 4:10:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	1:07:13	6:43	3	10:45	17	20:01	10.00	1:07:13	6:43	3	10:45	3	9:03
Lap 2	13.60	1:33:27	6:52	3	16:01	17	30:34	23.60	2:40:40	6:48	3	25:28	3	26:47
Lap 3	7.20	1:00:17	8:22	3	10:53	17	18:10	30.80	3:40:57	7:10	2	35:35	3	38:30
Last lap Finish	11.39	1:22:28	7:14	3	17:49	15	27:06	42.19	5:03:25	7:11	3	53:24	18	1:35:51