



# 7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

## Detailed evaluation

**Flick, Markus**

Club: SF Ennepetal  
Number: 101

Course: 42.20 km  
Marathon

Category:  
Männer M40

Total time: 4:27:17

Speed: 9.43 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 86 (of 305)

Rank in course/Men: 83 (of 279)

Best time in course: 3:13:29

Rank in category: 24(of 71)

Best time in the category: 3:26:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:04:08	6:04	39	19:55	149	21:08	10.55	1:04:08	6:04	63		97	12:29
2. Runde	10.55	1:07:07	6:21	35	16:56	119	20:49	21.10	2:11:15	6:13	63		96	32:29
3. Runde	10.55	1:09:09	6:33	26	15:54	90	20:11	31.65	3:20:24	6:19	62		86	50:20
Finish	10.55	1:06:53	6:20	14	1:06:13	46	1:06:21	42.20	4:27:17	6:20	28	1:12:10	98	2:57:34