



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Sperling, Thomas

Club: PSV Dresden
Number: 360

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 3:51:40

Speed: 10.88 km/h
Running performance: 5:29 min/km

Rank in course/Total: 20 (of 305)

Rank in course/Men: 20 (of 279)

Best time in course: 3:13:29

Rank in category: 7(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
1. Runde	10.55	57:28	5:26	19	77	13:15	14:28	10.55	57:28	5:26	47		27	5:49
2. Runde	10.55	1:00:27	5:43	14	56	10:16	14:09	21.10	1:57:55	5:35	47		27	19:09
3. Runde	10.55	57:31	5:27	4	15	4:16	8:33	31.65	2:55:26	5:32	45		22	25:22
Finish	10.55	56:14	5:19	2	8	55:34	55:42	42.20	3:51:40	5:29	9	36:33	28	2:21:57