



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Vlaeminck, Achiel

Club: Walking Treff Möhnesee

Number: 7001

Course: 7.25 km

Walking

Total time: 1:05:01

Speed: 6.46 km/h

metres in height up: 269

Course score: 11.04

performance score: 75 Points