



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Schmale, Bärbel

Club: GV-Waltrop

Number: 1020

Course: 13.00 km

Walking

Total time: 1:50:29

Speed: 7.06 km/h

metres in height up: 414

Course score: 19.21

performance score: 136 Points