



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Kage, Bettina

Club: LuW Weddinghofen

Number: 7010

Course: 7.25 km

Walking

Total time: 1:07:08

Speed: 6.26 km/h

metres in height up: 269

Course score: 11.04

performance score: 73 Points