



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Guigueno, Mechthild

Club: ESCHA

Number: 1037

Course: 13.00 km

Walking

Total time: 2:09:53

Speed: 6.01 km/h

metres in height up: 414

Course score: 19.21

performance score: 115 Points