



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Dunse, André

Club: ESCHA

Number: 1016

Course: 13.00 km

Walking

Total time: 2:15:43

Speed: 5.75 km/h

metres in height up: 414

Course score: 19.21

performance score: 110 Points