



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Patent, Silvia

Club: TuS Neuenrade / Fit on Feet

Number: 7017

Course: 7.25 km

Walking

Total time: 1:09:23

Speed: 6.05 km/h

metres in height up: 269

Course score: 11.04

performance score: 71 Points