



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Werner, Nils Ingo

Club: Stadt Bochum Walking-Team

Number: 7000

Course: 7.25 km

Walking

Total time: 1:01:40

Speed: 6.81 km/h

metres in height up: 269

Course score: 11.04

performance score: 79 Points