



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Lucks, Bernhard

Club: TuS Oberbrügge

Number: 7005

Course: 7.25 km

Walking

Total time: 1:02:27

Speed: 6.73 km/h

metres in height up: 269

Course score: 11.04

performance score: 79 Points