



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

**Malitzki, Ruth**

Club: Castrop-Rauxel

Number: 522

Course: 5.00 km

5 km-Strecke Walking

Total time: 39:36

Speed: 7.58 km/h

metres in height up: 72

Course score: 6.08

performance score: 46 Points