



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

Vlaeminck, Achiel

Club: Walking Treff Möhnesee

Number: 511

Course: 5.00 km

5 km-Strecke Walking

Total time: 40:09

Speed: 7.47 km/h

metres in height up: 72

Course score: 6.08

performance score: 45 Points