



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Arnzen, Conny

Club: Laufteam Gescher

Number: 131

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 2:09:44

Speed: 6.94 km/h

metres in height up: 208

Course score: 18.12

performance score: 126 Points