



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

Rückriem, Sandra

Club: DJK Preußen 1911 Bochum e.V.

Number: 530

Course: 5.00 km

5 km-Strecke Walking

Total time: 44:58

Speed: 6.67 km/h

metres in height up: 72

Course score: 6.08

performance score: 41 Points