



4. Karlsternlauf Mannheim

Mannheim / 14.06.2009

Detailed evaluation

Wanger, Willi

Club: Hemsbach

Number: 834

Course: 7.00 km

7 km Nordic Walk

Category:

Walking/ Nordic Walking Männer

Total time: 58:41

Speed: 7.16 km/h

Running performance: 8:23 min/km

Rank in course/Total: 10 (of 24)

Rank in course/Men: 6 (of 7)

Best time in course: 50:35

Rank in category: 6(of 7)

Best time in the category: 50:35