



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Gruttmann, Albert

Club: Walking Treff Möhnesee
Number: 17

Course: 5.00 km
5 km Walking

Total time: 40:13

Speed: 7.46 km/h

metres in height up: 36
Course score: 5.54

performance score: 41 Points