



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Bäuml, Norbert

Club: SV Bayer 08 E.V
Number: 430

Course: 20.00 km
20 km Nordic Walking

Total time: 2:26:54

Speed: 8.17 km/h

metres in height up: 135
Course score: 22.03

performance score: 180 Points