



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

betz, andrea

Club: wt-soest

Number: 437

Course: 20.00 km

20 km Nordic Walking

Total time: 2:30:27

Speed: 7.98 km/h

metres in height up: 135

Course score: 22.03

performance score: 176 Points