



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

**Roeser, Walburga**

Club: Marathon Steinfurt  
Number: 428

Course: 20.00 km  
20 km Nordic Walking

Total time: 2:31:41

Speed: 7.91 km/h

metres in height up: 135  
Course score: 22.03

performance score: 174 Points