



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

Duhnke, Vuokko

Club: DJK Preußen 1911 Bochum e.V.  
Number: 405

Course: 20.00 km  
20 km Nordic Walking

Total time: 2:37:41

Speed: 7.61 km/h

metres in height up: 135  
Course score: 22.03

performance score: 168 Points