



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Krombholz, Jörg

Club: Koronarsportverein Distel-Walker
Number: 408

Course: 20.00 km
20 km Nordic Walking

Total time: 2:32:39

Speed: 7.86 km/h

metres in height up: 135
Course score: 22.03

performance score: 173 Points