



5. LSF-Walking Day  
Münster / 20.06.2009

## Detailed evaluation

**Dreßen, Joachim**

Club: EscarGOts Bochum  
Number: 452

Course: 20.00 km  
20 km Nordic Walking

Total time: 2:42:45

Speed: 7.37 km/h

metres in height up: 135  
Course score: 22.03

performance score: 162 Points