



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Stüber, Dr. Lotte

Club: LG Deiringsen

Number: 411

Course: 20.00 km

20 km Nordic Walking

Total time: 2:48:10

Speed: 7.14 km/h

metres in height up: 135

Course score: 22.03

performance score: 157 Points