



5. LSF-Walking Day
Münster / 20.06.2009

Detailed evaluation

Plessner, Clemens

Club: Walking Treff Möhnesee
Number: 21

Course: 5.00 km
5 km Walking

Total time: 37:19

Speed: 8.04 km/h

metres in height up: 36
Course score: 5.54

performance score: 45 Points