



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Moock, Dr. Gabriela

Club: SSG Bensheim Triathlon

Number: 49

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

Seniorinnen 2 TW 45-49)

Total time: 1:40:47

Rank in course/Total: 317 (of 322)

Rank in course/Women: 79 (of 82)

Best time in course: 1:04:29

Rank in category: 11(of 11)

Best time in the category: 1:18:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	13:53	0.00	7	2:41	47	6:08	0.50	13:53	0.00	3	2:41	53	2:25
Rad	20.00	54:47	21.90	7	11:17	44	16:58	20.50	1:08:40	17.48	10	10:23	51	3:08
Lauf	5.00	32:07	9.34	8	9:35	44	9:35	25.50	1:40:47	14.88	11	22:15	79	36:18