



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Brassel, Iris

Total time: 1:21:24

Club: Heusenstamm

Number: 102

Course: 25.50 km

Rank in course/Total: 201 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 36 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 9(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	10:12	0.00	4	0:48	7	2:27	0.50	10:12	0.00	14			53
Rad	20.00	43:00	27.91	1	-	6	5:11	20.50	53:12	22.56	14			51
Lauf	5.00	28:12	10.64	11	5:27	27	5:40	25.50	1:21:24	18.43	9	5:19	36	16:55