



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Ehm, Horst

Total time: 1:26:14

Club: RSC 80 Reinheim

Number: 144

Course: 25.50 km

Rank in course/Total: 249 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 196 (of 240)

Best time in course: 57:33

Category:

Rank in category: 1(of 2)

Senioren 7 (TM 70-74)

Best time in the category: 1:26:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	59:29	20.17	2	4:34	132	23:40	20.50	59:29	20.17	1	-	135	11:52	
Lauf	5.00	26:45	11.21	1	-	90	7:22	25.50	1:26:14	17.39	1	-	196	28:41	