



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Krech, Knut

Total time: 1:10:06

Club: MTB-Bergstrasse

Number: 158

Course: 25.50 km

Rank in course/Total: 66 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 62 (of 240)

Best time in course: 57:33

Category:

Rank in category: 4(of 19)

Senioren 3 (TM 50-54)

Best time in the category: 1:05:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	9:59	3.01	3	0:23	37	2:24	0.50	9:59	3.01	13			155	1:14
Rad	20.00	37:19	32.16	1	-	7	1:30	20.50	47:18	26.00	9			3	
Lauf	5.00	22:48	13.16	2	0:40	34	3:25	25.50	1:10:06	21.83	4	4:50		62	12:33