



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Hirte, Jörg

Total time: 1:30:16

Club: Einhausen

Number: 113

Course: 25.50 km

Rank in course/Total: 283 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 219 (of 240)

Best time in course: 57:33

Category:

Rank in category: 47(of 49)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:17	0.00	14	3:19	77	3:42	0.50	11:17	0.00	29	0:14	155	2:32
Rad	20.00	45:30	26.37	18	9:36	91	9:41	20.50	56:47	21.13	27	4:40	135	9:10
Lauf	5.00	33:29	8.96	24	14:03	129	14:06	25.50	1:30:16	16.62	47	29:45	219	32:43