



# 6. Lorsch Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

Ungermann, Dieter

Total time: 1:33:01

Club: LT Karlstern

Number: 121

Course: 25.50 km

Rank in course/Total: 296 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 226 (of 240)

Best time in course: 57:33

Category:

Rank in category: 19(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:02:26

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:08	0.00	7	3:40	138	6:33	0.50	14:08	0.00	8	1:57	155	5:23
Rad	20.00	49:32	24.23	5	8:36	110	13:43	20.50	1:03:40	18.85	8	15:02	135	16:03
Lauf	5.00	29:21	10.22	7	7:57	114	9:58	25.50	1:33:01	16.13	19	30:35	226	35:28