



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Stapler, Oliver

Total time: 1:15:26

Club: Lorsch

Number: 188

Course: 25.50 km

Rank in course/Total: 119 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 109 (of 240)

Best time in course: 57:33

Category:

Rank in category: 17(of 32)

männl. AK 3 (TM 30-34)

Best time in the category: 1:05:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:09	0.00	9	1:49	42	2:34	0.50	10:09	0.00	24		155	1:24
Rad	20.00	41:40	28.80	10	4:23	47	5:51	20.50	51:49	23.16	23		135	4:12
Lauf	5.00	23:37	12.70	8	3:32	47	4:14	25.50	1:15:26	19.89	17	9:54	109	17:53