



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Froschauer, Gerald

Total time: 1:16:30

Club: Viernheim

Number: 180

Course: 25.50 km

Rank in course/Total: 136 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 123 (of 240)

Best time in course: 57:33

Category:

Rank in category: 16(of 38)

Senioren 1 (TM 40-44)

Best time in the category: 57:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:29	0.00	14	2:51	87	3:54	0.50	11:29	0.00	27		155	2:44
Rad	20.00	42:10	28.46	7	4:42	53	6:21	20.50	53:39	22.37	28	1:24	135	6:02
Lauf	5.00	22:51	13.13	8	3:28	36	3:28	25.50	1:16:30	19.61	16	18:57	123	18:57