



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Hönig, Hajo

Total time: 1:22:15

Club: TG Sandhausen

Number: 145

Course: 25.50 km

Rank in course/Total: 206 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 169 (of 240)

Best time in course: 57:33

Category:

Rank in category: 15(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	11:40	0.00	3	1:12	91	4:05	0.50	11:40	0.00	8	-	155	2:55
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:10:35	4.25	11	49:11	202	51:12	25.50	1:22:15	18.24	15	19:49	169	24:42