



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Richter, Lars

Total time: 1:13:08

Club: Darmstadt

Number: 27

Course: 25.50 km

Rank in course/Total: 95 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 88 (of 240)

Best time in course: 57:33

Category:

Rank in category: 13(of 32)

männl. AK 3 (TM 30-34)

Best time in the category: 1:05:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	10:17	0.00	10	1:57	44	2:42	0.50	10:17	0.00	24			3	1:32
Rad	20.00	40:32	29.61	8	3:15	34	4:43	20.50	50:49	23.61	23			5	3:12
Lauf	5.00	22:19	13.44	5	2:14	26	2:56	25.50	1:13:08	20.51	13	7:36		88	15:35