



# 6. Lorsche Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

Jacob, Markus

Total time: 1:03:57

Club: Rono Racing Team

Number: 200

Course: 25.50 km

Rank in course/Total: 11 (of 322)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 11 (of 240)

Best time in course: 57:33

Category:

Rank in category: 5(of 46)

männl. AK 4 (TM 35-39)

Best time in the category: 57:41

### Intermediate times

### Stage score

### Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total       |               | Total         |             | Total ranking  |            |               |
|-----------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
|           |             |               |               |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen | 0.50        | fehlt!        | -             | -           | -              | -           | -             | 0.50        | -             | -             | -           | -              | -          | -             |
| Rad       | 20.00       | fehlt!        | -             | -           | -              | -           | -             | 20.50       | -             | -             | -           | -              | -          | -             |
| Lauf      | 5.00        | 1:03:57       | 4.69          | 32          | 43:21          | 160         | 44:34         | 25.50       | 1:03:57       | 23.46         | 5           | 6:16           | 11         | 6:24          |