



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Gröschel, Verena

Total time: 1:23:58

Club: Eppelheim

Number: 179

Course: 25.50 km

Rank in course/Total: 226 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 45 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 3(of 11)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:18:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:32	0.00	2	0:20	22	3:47	0.50	11:32	0.00	10	0:20	53	0:04
Rad	20.00	45:20	26.47	5	1:50	22	7:31	20.50	56:52	21.10	10		51	
Lauf	5.00	27:06	11.07	2	4:34	21	4:34	25.50	1:23:58	17.86	3	5:26	44	19:29