



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Kies, Thorsten

Total time: 1:07:24

Club: München

Number: 212

Course: 25.50 km

Rank in course/Total: 39 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 37 (of 240)

Best time in course: 57:33

Category:

Rank in category: 5(of 11)

männl. AK 2 (TM 25-29)

Best time in the category: 1:04:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	10:24	0.00	5	2:13	46	2:49	0.50	10:24	0.00	9	2:13	155	1:39
Rad	20.00	37:19	32.16	2	0:03	7	1:30	20.50	47:43	25.15	5		135	0:06
Lauf	5.00	19:41	15.24	2	0:11	5	0:18	25.50	1:07:24	22.26	5	3:04	37	9:51