



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Koob, Marc

Total time: 1:19:24

Club: Worms

Number: 236

Course: 25.50 km

Rank in course/Total: 168 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 145 (of 240)

Best time in course: 57:33

Category:

Rank in category: 34(of 46)

männl. AK 4 (TM 35-39)

Best time in the category: 57:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	12:47	0.00	27	5:12	125	5:12	0.50	12:47	0.00	30	3:00	155	4:02
Rad	20.00	42:34	28.19	16	6:45	58	6:45	20.50	55:21	21.68	26	7:16	135	7:44
Lauf	5.00	24:03	12.47	12	3:27	56	4:40	25.50	1:19:24	18.89	34	21:43	145	21:51