



# 6. Lorsch Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

**Fabian, Ralf**

**Total time: 1:04:54**

Club: SSG Trias Bensheim

Number: 277

Course: 25.50 km

Rank in course/Total: 17 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 16 (of 240)

Best time in course: 57:33

Category:

Rank in category: 3(of 49)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	km/h	Pos	Behind	Pos				
Schwimmen	0.50	7:58	0.00	1	-	2	0:23	0.50	7:58	0.00	29					155	
Rad	20.00	35:54	33.43	1	-	2	0:05	20.50	43:52	27.36	27					135	
Lauf	5.00	21:02	14.26	5	1:36	14	1:39	25.50	1:04:54	23.11	3	4:23			16	7:21	