



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Mrozeck, Sigrid

Total time: 1:28:26

Club: Bombardier

Number: 201

Course: 25.50 km

Rank in course/Total: 274 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 62 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 5(of 8)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:17:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	13:19	0.00	4	1:27	45	5:34	0.50	13:19	0.00	6	0:26	53	1:51
Rad	20.00	46:40	25.71	3	4:53	28	8:51	20.50	59:59	20.01	5	5:19	51	
Lauf	5.00	28:27	10.54	3	5:35	30	5:55	25.50	1:28:26	16.96	5	10:54	62	23:57