



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Mrozeck, Sigrid

Total time: 1:28:26

Club: Bombardier

Number: 201

Course: 25.50 km

Rank in course/Total: 274 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 62 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 5(of 8)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:17:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Women	Women	km	Time	km/h	Cat.	Cat.	Women	Women
Schwimmen	0.50	13:19	2.25	4	1:27	45	5:34	0.50	13:19	2.25	6	0:26	53	1:51
Rad	20.00	46:40	25.71	3	4:53	28	8:51	20.50	59:59	20.51	5	5:19	51	
Lauf	5.00	28:27	10.54	3	5:35	30	5:55	25.50	1:28:26	17.30	5	10:54	62	23:57