



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Schelhorn, Jörg

Club: SG Frankfurt Nied

Number: 254

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

männl. AK 4 (TM 35-39)

Total time: 1:12:45

Rank in course/Total: 90 (of 322)

Rank in course/Men: 83 (of 240)

Best time in course: 57:33

Rank in category: 23(of 46)

Best time in the category: 57:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	9:47	3.07	11	2:12	33	2:12	0.50	9:47	3.07	1	-	155	1:02	
Rad	20.00	38:18	31.33	4	2:29	13	2:29	20.50	48:05	25.58	1	-	135	0:28	
Lauf	5.00	24:40	12.16	16	4:04	68	5:17	25.50	1:12:45	21.03	23	15:04	83	15:12	