



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Schelhorn, Jörg

Club: SG Frankfurt Nied

Number: 254

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

männl. AK 4 (TM 35-39)

Total time: 1:12:45

Rank in course/Total: 90 (of 322)

Rank in course/Men: 83 (of 240)

Best time in course: 57:33

Rank in category: 23(of 46)

Best time in the category: 57:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total | | Total | | Total ranking | | |
|-----------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.50 | 9:47 | 0.00 | 11 | 2:12 | 33 | 2:12 | 0.50 | 9:47 | 0.00 | 1 | - | 155 | 1:02 |
| Rad | 20.00 | 38:18 | 31.33 | 4 | 2:29 | 13 | 2:29 | 20.50 | 48:05 | 24.96 | 1 | - | 135 | 0:28 |
| Lauf | 5.00 | 24:40 | 12.16 | 16 | 4:04 | 68 | 5:17 | 25.50 | 1:12:45 | 20.62 | 23 | 15:04 | 83 | 15:12 |