



# 6. Lorsche Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

**Glanzner, Robert**

**Total time: 1:14:44**

Club: KKM Bürstadt

Number: 280

Course: 25.50 km

Rank in course/Total: 115 (of 322)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 106 (of 240)

Best time in course: 57:33

Category:

Rank in category: 22(of 49)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:52	0.00	6	1:54	35	2:17	0.50	9:52	0.00	29		155	1:07
Rad	20.00	41:57	28.61	9	6:03	51	6:08	20.50	51:49	23.16	27		135	4:12
Lauf	5.00	22:55	13.09	9	3:29	37	3:32	25.50	1:14:44	20.07	22	14:13	106	17:11