



# 6. Lorsch Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

Nickel, Andreas

Total time: 1:15:53

Club: SAP AG

Number: 5

Course: 25.50 km

Rank in course/Total: 125 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 115 (of 240)

Best time in course: 57:33

Category:

Rank in category: 30(of 46)

männl. AK 4 (TM 35-39)

Best time in the category: 57:41

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	10:43	0.00	14	3:08	56	3:08	0.50	10:43	0.00	30	0:56	8	1:58
Rad	20.00	40:00	30.00	10	4:11	31	4:11	20.50	50:43	23.66	26	2:38	10	3:06
Lauf	5.00	25:10	11.92	18	4:34	75	5:47	25.50	1:15:53	19.77	30	18:12	115	18:20