



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Siebel, Sabine

Total time: 1:16:05

Club: StartNet-Team DSW 12 Darmstadt
Number: 263

Course: 25.50 km
Lorsche Triathlon 0,5-20-5

Rank in course/Total: 128 (of 322)

Rank in course/Women: 11 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 1(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Women	Women	km	Time	km/h	Cat.	Cat.	Women	Women
Schwimmen	0.50	10:31	0.00	6	1:07	9	2:46	0.50	10:31	0.00	14	0:15	12	
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:05:34	4.58	14	42:49	53	43:02	25.50	1:16:05	19.72	1	-	11	11:36