



# 6. Lorsch Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

**Bender, Julia**

**Total time: 1:22:50**

Club: Östringen

Number: 265

Course: 25.50 km

Rank in course/Total: 211 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 39 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 5(of 12)

weibl. AK 2 (TW 25-29)

Best time in the category: 1:12:40

### Intermediate times

### Stage score

### Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |               |             |                |              |                 |
|-----------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|---------------|---------------|---------------|-------------|----------------|--------------|-----------------|
|           |             |               |               |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Schwimmen | 0.50        | 11:07         | 0.00          | 2           | 0:09           | 14           | 3:22            | 0.50          | 11:07         | 0.00          | 8           | 0:09           | 15           |                 |
| Rad       | 20.00       | 45:05         | 26.62         | 1           | -              | 20           | 7:16            | 20.50         | 56:12         | 21.35         | 6           |                | 12           |                 |
| Lauf      | 5.00        | 26:38         | 11.26         | 1           | -              | 19           | 4:06            | 25.50         | 1:22:50       | 18.11         | 5           | 10:10          | 39           | 18:21           |