



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Overbeck, Raphael

Total time: 1:18:17

Club: Dossenheim

Number: 11

Course: 25.50 km

Rank in course/Total: 150 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 134 (of 240)

Best time in course: 57:33

Category:

Rank in category: 21(of 32)

männl. AK 3 (TM 30-34)

Best time in the category: 1:05:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	12:31	0.00	22	4:11	120	4:56	0.50	12:31	0.00	24	1:24	10	3:46	
Rad	20.00	43:54	27.33	13	6:37	70	8:05	20.50	56:25	21.27	23	0:54	12	8:48	
Lauf	5.00	21:52	13.72	4	1:47	21	2:29	25.50	1:18:17	19.16	21	12:45	134	20:44	