



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Mau, Gunthart

Total time: 1:28:39

Club: Heidelberg

Number: 276

Course: 25.50 km

Rank in course/Total: 275 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 213 (of 240)

Best time in course: 57:33

Category:

Rank in category: 44(of 49)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:40	0.00	23	4:42	122	5:05	0.50	12:40	0.00	29	1:37	155	3:55
Rad	20.00	48:15	24.87	21	12:21	104	12:26	20.50	1:00:55	19.70	27	8:48	135	13:18
Lauf	5.00	27:44	10.82	19	8:18	101	8:21	25.50	1:28:39	16.92	44	28:08	213	31:06