



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Blesing, Michael

Total time: 1:09:56

Club: Heppenheimer Skiclub

Number: 306

Course: 25.50 km

Rank in course/Total: 63 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 59 (of 240)

Best time in course: 57:33

Category:

Rank in category: 15(of 46)

männl. AK 4 (TM 35-39)

Best time in the category: 57:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:04	0.00	24	4:29	107	4:29	0.50	12:04	0.00	30	2:17	155	3:19
Rad	20.00	37:16	32.20	2	1:27	4	1:27	20.50	49:20	24.32	26	1:15	135	1:43
Lauf	5.00	20:36	14.56	1	-	9	1:13	25.50	1:09:56	21.45	15	12:15	59	12:23