



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Haas, Silke

Total time: 1:10:27

Club: SF Tria Roßdorf

Number: 289

Course: 25.50 km

Rank in course/Total: 70 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 5 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 1(of 11)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:10:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	46:47	25.65	5	4:25	31	8:58	20.50	46:47	25.65	8	-	-	51	-
Lauf	5.00	23:40	12.68	1	-	6	1:08	25.50	1:10:27	21.29	1	-	-	5	5:58